7. Manage to feed yourself?

8. Manage to make

yourself a hot drink?

9. Take hot drinks from one room to another?

10.Do the washing up?

11. Make yourself a hot

snack?



Patient Study ID:_____



	No	With help	On your own with difficulty	On your own
12.Manage your own money when out?				
13. Wash small items of clothing?				
14.Do your own housework?				
15.Do your own shopping?				
16.Do a full clothes wash?				
17.Read newspapers or books?				
18.Use the telephone?				
19. Write letters?				
20.Go out socially?				
21.Manage your own garden?				
22. Drive a car?				

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